



TALKING TALES: THE EARLY YEARS



This is time for you to talk to your loved one about their childhood. It's a chance for them to reminisce and for you to learn about their early years. Bet you'll be surprised by some of the things they got up to and the experiences they had.

This is also an opportunity for you to have a laugh together. Indulge in it. Encourage your loved one to get their photo albums out and flick through them throughout your chat. Of course, you don't need to stick to the suggested questions; they're only there to prompt good conversation so don't feel restricted by them. You might want to split these Early Years questions into several chats depending on how much your loved one has to say.

Remember to save your notes as you go, but otherwise just enjoy the process. Discover the stories that haven't been told before...



Tell me about your parents...

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Did you know your grandparents? Tell me about them...

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What about your siblings? What did you like about them, what didn't you like about them when you were younger? Who was mum's favourite?

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How would your parents have described you?

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Did you have any pets?

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What was your earliest childhood memory?

How was your life & home different to modern life?

What did you like doing as a child? Did you have any hobbies or special talents?

Who were your friends?

What did you want to be when you 'grew up'?



Who was your first crush?

Were you naughty as a child? Do you remember being told off?

Do you have any funny stories from your childhood?

Do you remember any sad times?

What, if anything, did you learn from your parents? (The profound, the practical or simply, the funny)



What was your favourite meal as a child?

What were you good at at school? Who was your favourite teacher?

What sort of music did you like when you were a teenager?

What is your favourite childhood memory or holiday with your family?

What do you miss most about 'the good old days'?



Extra notes...

A large, empty rectangular area with a light blue gradient background, intended for users to take notes during a chat session.

Finished the Early Years chat? Make sure you save your notes!

Hopefully you've discovered lots of new things about your loved one. If you're already inspired and want to start turning your notes into a proper story, then head to our site where we have lots of expert advice. <https://www.speechy.co.uk/talking-tales>

Otherwise, just get tucked in to the next chapter of our Talking Tales Series. Enjoy!